

# JAKademy Helsinki

– an educational meeting for  
gastroenterologists and rheumatologists



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calendar



Date: **12.01.2023 (Thursday)**  
Time: **17.00 - 21.00**  
Location: **Scandic Marski, Helsinki**

## SPEAKERS:



**Chairman | Clas-Göran af Björkesten, MD PhD**, Clinical Instructor at University of Helsinki and Senior Consultant at Helsinki University Hospital. Main interest is in the field of gastroenterology is IBD, with focus on assessment of disease activity and treatment response, and optimizing treatment in clinical practice.



**Bjørn Moum, Prof.em.**, University of Oslo, and a senior research consultant at Østfold Hospital Trust, Norway. President of the Norwegian Gastroenterology Association and a Board member for 12 years. Personal elected member of the International Organization for IBD (IOIBD) and has been a National Representative Member of the European Crohn's and Colitis Organization (ECCO).



**Heikki Valleala, MD, PhD**

Specialized in internal medicine 1994; in rheumatology 1996.  
PhD 2005, senior lecturer (rheumatology) 2014  
consulting rheumatologist (HUUS) 1996-2016, Head of department (HUUS) 2016 -



**Olli Silvennoinen, MD, PhD**, Director of Biocenter Finland. Previously served as Director of Institute of Medical Technology in Tampere and Director of Institute of Biotechnology, and Helsinki Institute of Life Science at University of Helsinki. Received his MD and PhD degrees at University of Helsinki and clinical microbiology specialization at University of Tampere.

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Link: <https://eu.eventscloud.com/200254308>

## AGENDA:

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|---------------|--|
| 17.00         | Mingle   |
| 17.30         | Introduction by Clas-Göran af Björkesten   |
| 17.30 - 19.00 | <b>Presentations:</b> <ul style="list-style-type: none"><li>• Basis of JAK inhibition in inflammatory disease – Olli Silvennoinen</li><li>• Clinical use of JAK-inhibitors in rheumatic diseases: their place in the treatment algorithms and safety concerns– Heikki Valleala</li><li>• Clinical practice &amp; real-world experience with JAKi in IBD - Bjørn Moum</li></ul> |
| 19.00 - 19.30 | Discussion panel with the speakers<br>– moderator Clas-Göran af Björkesten   |
| 19.30         | Dinner   |

## STEERING COMMITTEE:

**Ritva Peltomaa, MD, PhD**, Department of Medicine and Rheumatology, Helsinki University Hospital and University of Helsinki, Finland

**Taina Sipponen, MD, PhD**, Department of Gastroenterology, Helsinki University Hospital and University of Helsinki, Finland

**Olli Silvennoinen, MD PhD**, Institute of Biotechnology, HiLIFE Helsinki Institute of Life Sciences, University of Helsinki, Helsinki, Finland

## CONTACT INFORMATION:

**Riku Salo**  
Key Account Manager Finland  
[Riku.Salo@glpg.com](mailto:Riku.Salo@glpg.com) | +35 85 03686975

**Agnieszka Sowinska**  
Medical Advisor  
[Agnieszka.Sowinska@glpg.com](mailto:Agnieszka.Sowinska@glpg.com) | +46 73 443 20 33